

Mental Health

First Aid Adult 2 Days

The Methodist Church Online delivery

Mon 24th Jan, Tues 25th Jan 2022

Mon 31st Jan, Tues 1st Feb 2022

7pm to 9.30pm

Kirstie Hall

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What is Mental Health First Aid?

Mental Health First Aid (MHFA) is an internationally recognised training course which teaches people how to spot the signs and symptoms of mental ill health and provide help on a first aid basis. For more information visit www.mhfaengland.org.

What does it cost?

Usually the course costs £300, however if you are connected to the Methodist Church it's been subsidised to £50 (none refundable) Please don't let the cost deter you. If you need help paying for the course please contact us for more information.

How to book your place

Follow the link: <https://www.eventbrite.co.uk/e/mental-health-first-aid-tickets-224634797727>



Please note that by booking a place you are committing to paying for a place on the course.

