

## WHAT ACTIVITIES ARE AVAILABLE LOCALLY?

Full details of the following (and other!) activities from Grassington Tourist Information Centre: 01756 752774 or [www.yorkshiredales.org](http://www.yorkshiredales.org):

- **Hill and fell walking:**  
The National Park offers a variety of walks ranging from riverside strolls to the challenging Three Peaks.
- **Orienteering:**  
Many possible routes in varied terrain.
- **Caving and potholing:**  
This is Britain's richest area.
- **Canoeing :**  
Obtain permission to use the River Wharfe.
- **Rock-climbing and abseiling :**  
Rock outcrops and crags close by.
- **Cycle hire**
- **Pony trekking:**  
Kilnsey Trekking Centre in Conistone village (01756 752861 or 753369).
- **Field studies :**  
Rich area to study geology, botany, bird watching, lead mining, farming & early history.
- **Swimming:**  
At Skipton and Settle.

WHERE IS IT?



**BY CAR:**

**30 minutes North of Skipton**

**B6265 and B6160**

**1 hour from A1 via**

**Knaresborough and Grassington**

**1½ hours from Preston via Skipton**

**1½ hours from Leeds via Skipton**

**1 hour from Bradford via Skipton**

**Please bear in mind: the nearest shops are 3 miles away in Grassington or Kettlewell.**

**Post Code for Sat. Nav. BD23 5HS**

*November 2017*

  
**Conistone  
Hostel**

[www.conistone-hostel.org.uk](http://www.conistone-hostel.org.uk)



**A self-catering residential centre in the beautiful Yorkshire Dales between Kettlewell & Grassington**

**The Methodist Church  
(Yorkshire West)**

## HOW MUCH DOES IT COST?

- The cost is £9.50 per person per night (minimum charge of £95 per night for parties of less than 10 guests). NB The cost from 1st January 2019 will be £10.00 per person (minimum charge of £100 per night for parties of less than 10 guests). *Electricity (apart from sockets) and all gas are included.*
- A deposit of £95 (£100 from 1st January 2019) is required to secure a booking: cheques payable to **Conistone Hostel.**
- Extra electricity requires £1 or £2. coins for the meter.

## ANY "HOUSE RULES"?

- Please read the Leaders' Handbook carefully on arrival.
- Please ensure you are fully equipped (and insured!) for the activities you plan.
- Please follow the Country Code .
- No smoking or consumption of alcohol on the premises.
- Sorry no pets (except guide dogs).
- Please respect the peace of Conistone village. It is recommended there is no undue noise outside the Hostel after 9 pm. We value highly the goodwill of the village residents and wish to keep it!



**THE HOSTEL IS AVAILABLE  
7 DAYS A WEEK, 365 DAYS A YEAR!**

**CONTACT MALCOLM ATKINSON,  
26 MIDDLETON ROAD, ILKLEY, WEST YORKSHIRE  
LS29 9EX (01943 608479)**

**TO REQUEST A BOOKING FORM AND DISCUSS  
AVAILABILITY.**



## WHAT DO WE NEED TO BRING?

- Towels, personal toiletries and sleeping bags
- Tea towels and washing up liquid
- Toilet rolls
- First aid equipment

## WHAT FACILITIES ARE PROVIDED?

- Self-catering.
- Four Dormitories (*1 upstairs with 10 bunks, 3 downstairs with 8, 4 & 2 bunks* ). *Maximum guests :24*
- Bunk beds with mattresses provided.
- Kitchen with full-size calor gas / electric cooker, electric fridge, freezer, microwave and full range of cooking utensils.
- Good range of cutlery and crockery.
- Toilet, washroom facilities and showers both upstairs and downstairs.
- Shaver point available.
- Lounge area for games and leisure.